

CUT-AND-SEW SIMPLY LOVABLES

GUIDE
SHEET

PLUSH LIFE
by Elaine Heigl Designs

A creative experience.



PIECES:



front body (2)
back body (2)



bow (2)
bow center (1)
neck band (1)

SUPPLIES:

12 oz Stuffing


NOTES:

clip into inward corners and curves, being careful not to cut stitches.

snip into outward curves.

CONSTRUCTION **STITCH 1/4" SEAMS**

BEAR



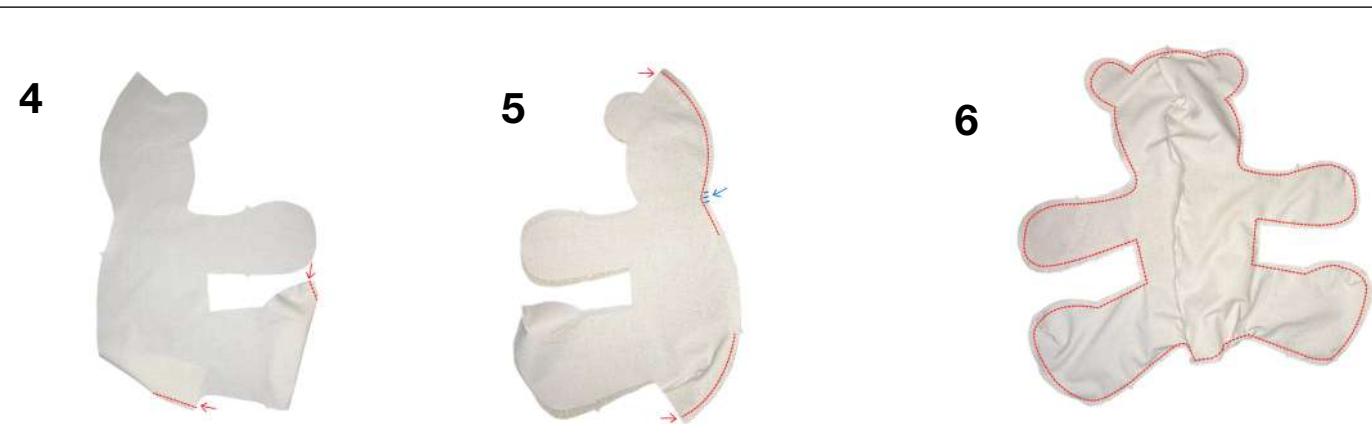
1

2

3

FRONT BODY

- 1) **Stitch** the two darts of each front body piece.
- 2) **Stitch** two front pieces together at center front seam.
- 3) **Clip** inner corner, being careful not to cut stitches. Snip into outer curves.



4

5

6

BACK BODY

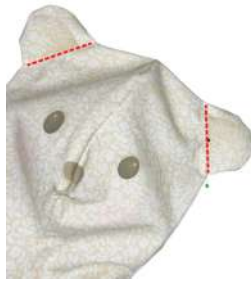
- 4) **Stitch** the two darts of each back body.
- 5) **Stitch** the two back pieces together at the center back seam, leaving an opening between the notches. **Clip** into neck curve.
- 6) **Pin** the front to the back. **Stitch** around body. **Clip** into inner corners and curves, being careful not to cut stitches. **Snip** into outer curves.

TIPS: Mark pitot points at corners for a target guide before sewing.
When Pinning, first pin front and back pieces together at corners and notches.

7



8



7) **Turn** body, right side out.

8) **Press** ears. Lightly **stuff** ears. **Stitch** ears from corner to corner as shown.

9



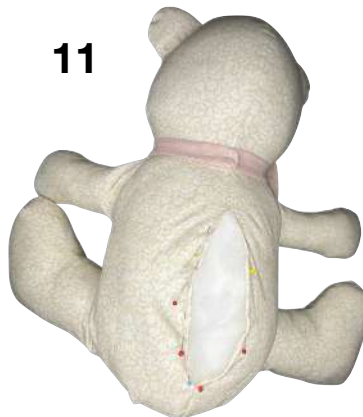
STUFF

9) **Stuff** head first. Stuff very firmly, viewing head from all angles while stuffing.

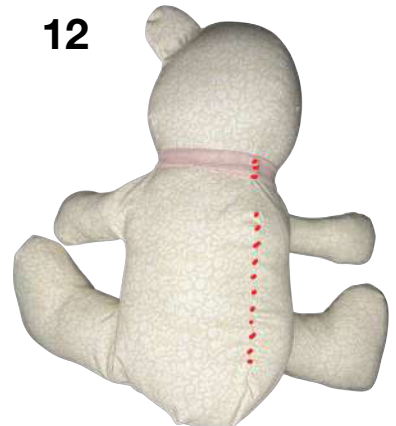
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11



12

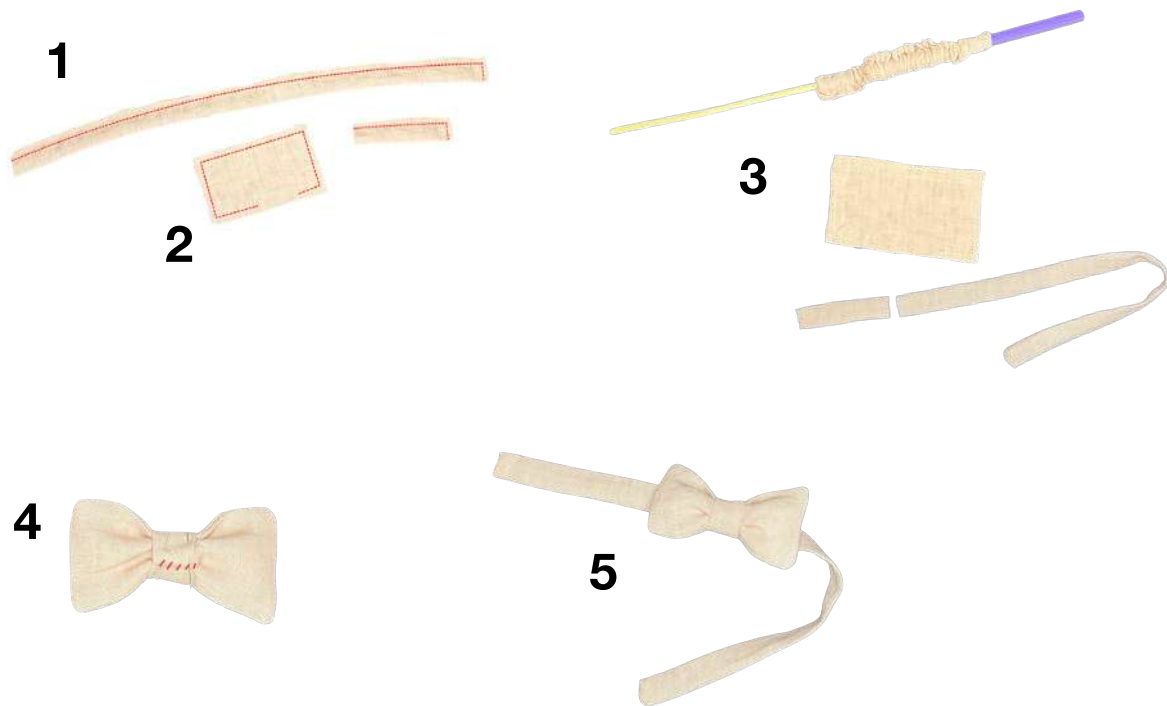


10) **Stuff** arms and legs firmly up to within 1" of top of joint.

11) **Stuff** torso. Arms and legs should remain flexible at joints. Let rest, then add or adjust stuffing as needed.

12) **Hand** stitch back closed.

BONUS NECK BOW



- 1) Fold and **stitch** neck band. Fold and **stitch** bow center.
- 2) **Stitch** 2 bow pieces together leaving an opening for turning.
- 3) **Turn** bow, bow center, and neckband .**TIP**: use a large straw and chopstick to turn a tube such as the neckband. How: insert straw into neckband tunnel, push chopstick at other end, turn fabric, gliding the fabric over the chopstick.
- 4) Lightly **stuff** bow. Hand **stitch** bow closed. **Wrap** bow center around bow. **Stitch** in place
- 5) **Slip** neckband through bow centerpiece a back. **Attach** neckband to bear.

A Note About Making & Selling

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