

# CUT-AND-SEW 17" COMPANIONS

including mini toy and wardrobe

THE  
LOVES  
Guide sheet 106

**SUPPLIES:** stuffing, 12" of 1/2" elastic, Velcro®

**PLUSH LIFE**  
by Elaine Heigl Designs

A creative experience.



More companions



Printables



Cut and Sew  
wardrobe



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# GUIDE SHEET INDEX

1/4" seams unless otherwise instructed

This guide is for all Loves:

Puppy, Kitty, Bunny, and Doll, with more companions to come.

## 17" COMPANION



**PIECES:**  
front head (1)  
back head (2)  
front body (1)  
back body (1)  
arms (2)

**ADDITIONAL SUPPLIES:**

Stuffing

pages 3-5



## SHIRT



**PIECES:**  
front (1)  
back (2)  
sleeves (2)  
neck facing (1)

**ADDITIONAL SUPPLIES:**

Velcro

pages 6-7



## PANTS



**PIECES:**  
front legs (2)  
back legs (2)  
waistband (1)

**ADDITIONAL SUPPLIES:**

12" of 1/2"  
wide elastic

pages 8-9



## MINI PET



**PIECES:**  
front body (2)  
back body (2)

**ADDITIONAL SUPPLIES:**

Stuffing

pages 10-11



# 17" CHARACTER CONSTRUCTION

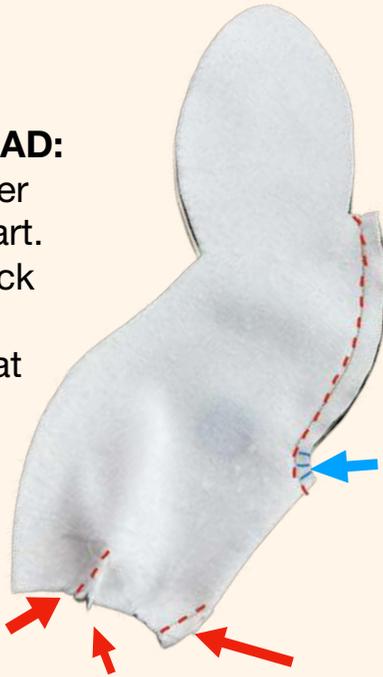
1

## FRONT HEAD:

**Stitch** center forehead dart.

**Stitch** 3 neck darts.

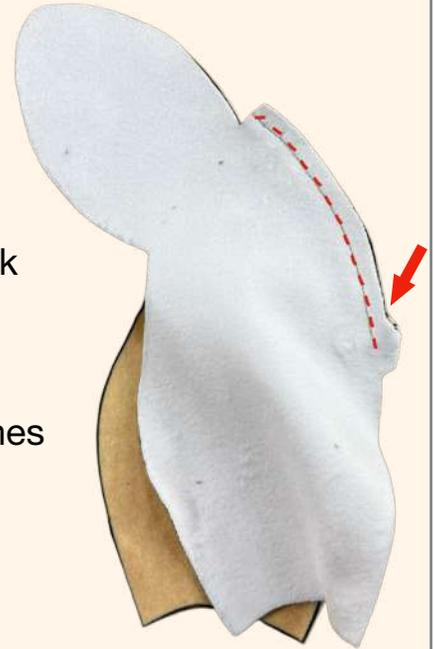
**Clip** seam at curve.



2

## BACK HEAD:

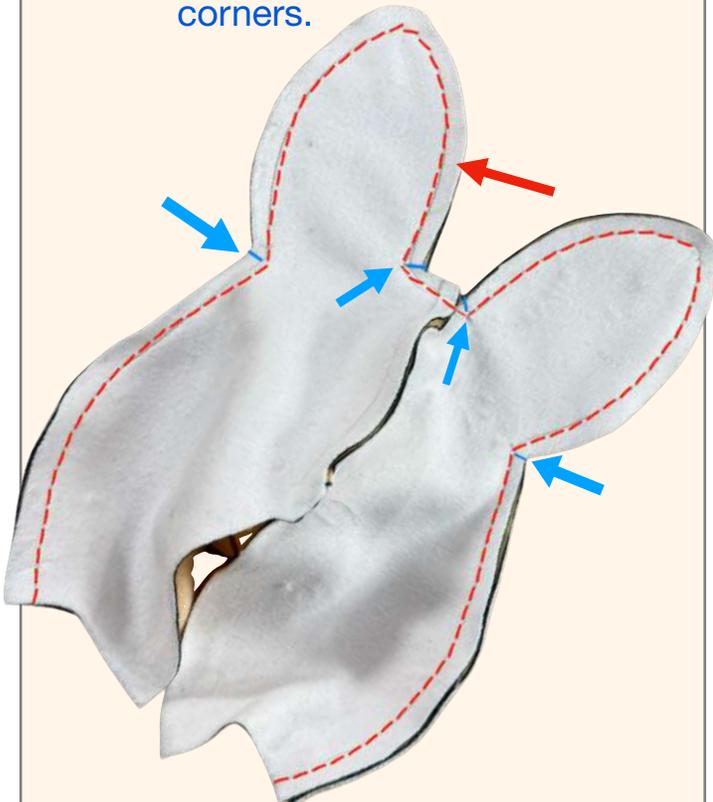
**Stitch** 2 back head pieces together at center back, ending stitches at notches.



3

## FRONT TO BACK HEAD:

**Stitch** all around pivoting at corner markings. **CLIP** into corners.

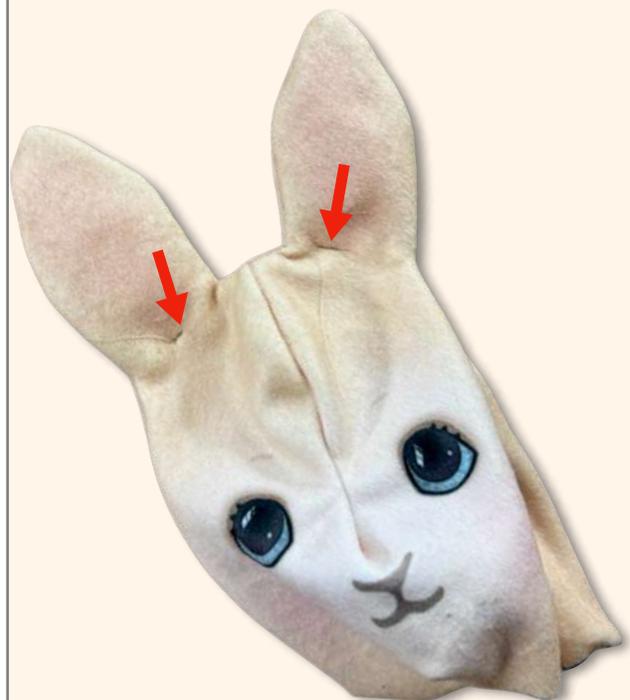


4

## TURN head to outside.

*For bunny and kitty, lightly stuff ears.*

**Stitch** at bottom of ears.



5

**BACK BODY:**  
**Stitch** side darts



6

**FRONT TO BACK BODY:** **Stitch** all around. **Clip** seam allowance at crotch curve, careful not to cut stitches.



7

**ARM:**  
**Stitch** arm to body at armhole.



8

**ARM:**  
**Stitch** arm seam.



9

**REPEAT:**  
# 7 and 8 for second arm.



10

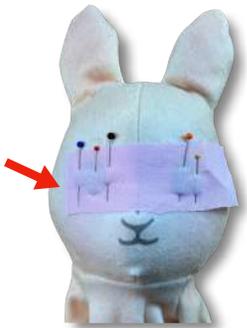
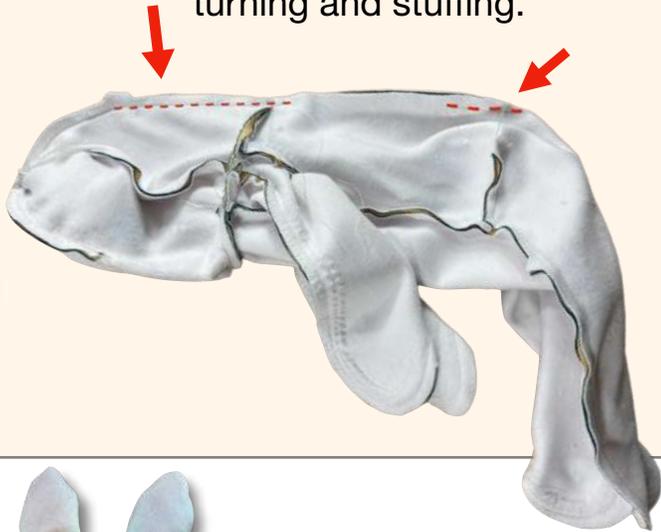
**HEAD TO BODY:**  
insert head into body. Pin head to neck opening.  
**Stitch** together.



11

### CENTER BACK SEAM

**Stitch** center back seam, leaving a 3" opening for turning and stuffing.



### TIP:

If sewing your companion from **knit fabric**, I recommend **stabilizing the eye area** by pinning a strip of woven fabric to face as shown before stuffing the head.

12

**TURN BODY** to outside.



13

### STUFF BODY:

Stuff head, arms and legs first.

**HEAD:** Stuff very **firmly**. When stuffing, turn head and view from all angles.

**ARMS:** Stuff up to under arm seam so that arm has movement.

**LEGS:** Stuff below crotch level, so legs hinge and have movement

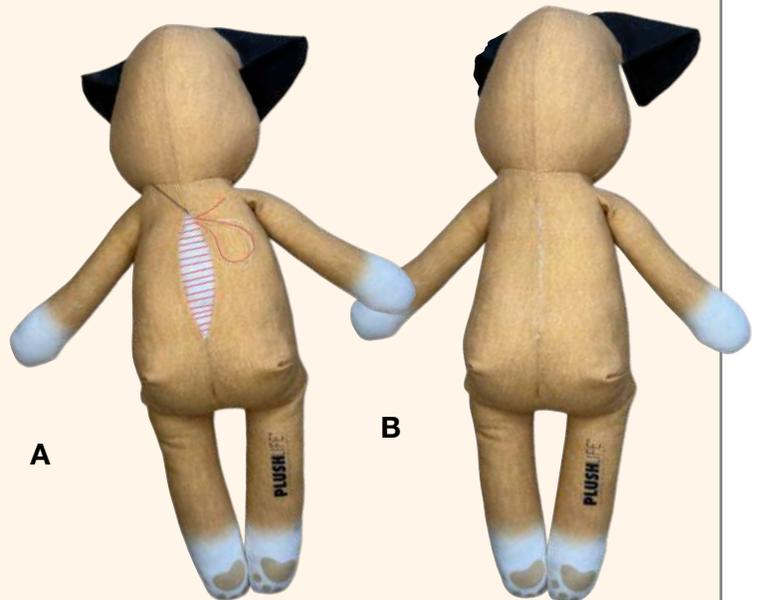
**TORSO:** Stuff medium to firmly.



[View a video demo on our website.](#)

14

### HAND STITCH BACK OPENING



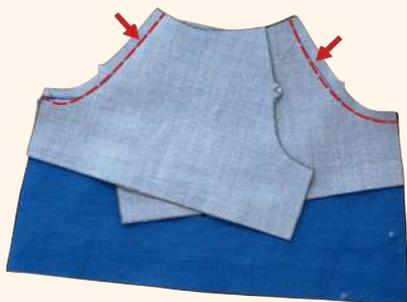
**A:** Hand stitch a **ladder stitch** along back opening.

**B:** Pull thread to close back opening. Secure thread.

# SHIRT CONSTRUCTION

1

## SLEEVES



**Stitch** sleeves to front at armholes.

2

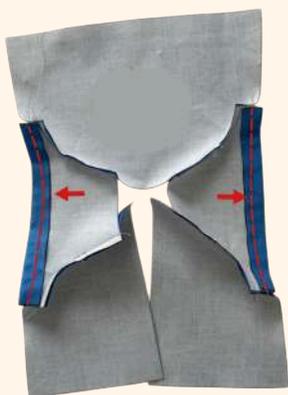


**Stitch** sleeves to back at armholes.

3

## SLEEVE HEMS

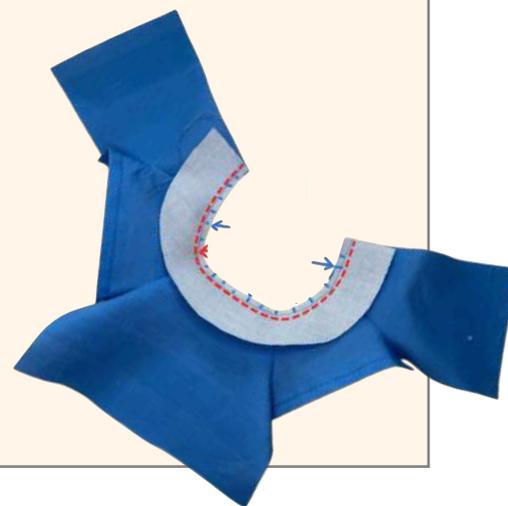
Fold sleeve hem to inside 5/8". Press. **Stitch** 3/8" from folded edge.



4

## NECK FACING

**Stitch** neck facing to shirt at neck. **Clip** curve, being careful not to clip stitches.



5



Turn facing to inside. Press. **Stitch** 3/8" from edge.

6

## SIDE SEAMS



**Stitch** front to back at sides. Press seam open.

7

**HEM**

Fold shirt hem to inside 5/8". Press. **Stitch** 3/8" from fold.



**BACK VELCRO CLOSURE:**

8

**LEFT BACK VELCRO®**



Place **hook Velcro** strip, **hook side down**, along back opening as shown. **Stitch** 1/4" from edge. Trim **Velcro** ends.

9



Flip **Velcro** to inside and **stitch** as shown.

10

**RIGHT BACK VELCRO**



Place **loop Velcro** strip, **loop side up**, placing long edge along back opening. **Stitch** 1/4" from edge. Trim **Velcro** ends.

11



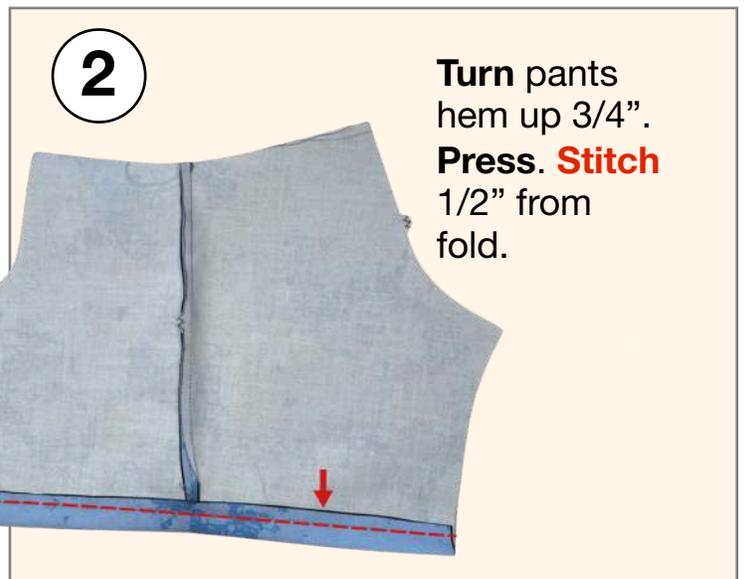
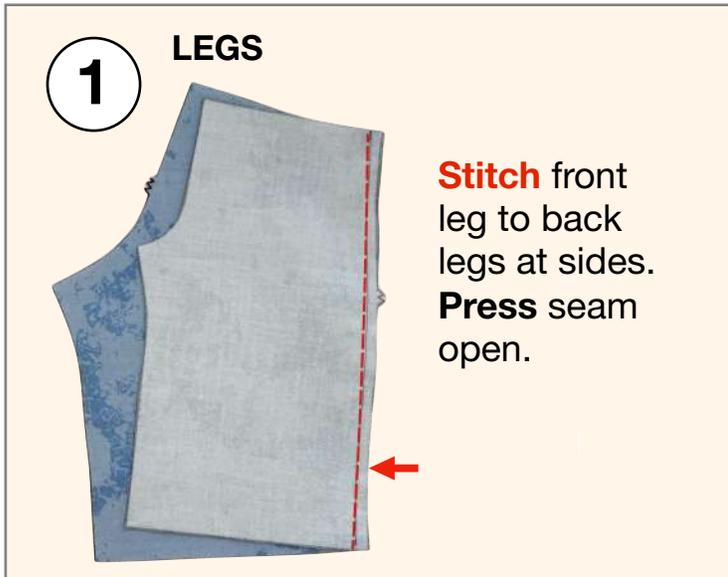
Flip **Velcro** to inside, press, and **stitch** as shown.

12



**Trim** right side (loop **Velcro** strip) as shown.

# PANTS CONSTRUCTION



7

**Press** waistband as shown.



8

**ELASTIC**

Using a safety pin, **insert 12"** long elastic through waistband.



9

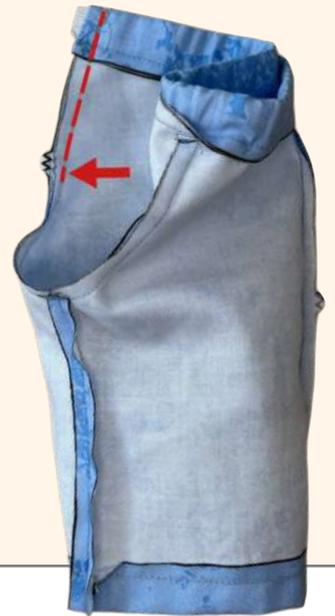
**Secure** ends of elastic to waistband with **stitches** as shown.



10

**FINISHING**

**Stitch** remainder of back seam as shown.



11

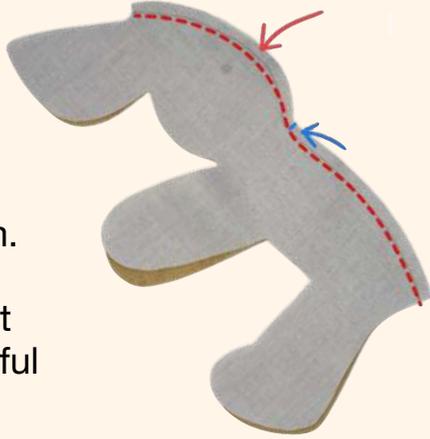
**Turn** pants to outside. **Press.**



# MINI PET CONSTRUCTION

## 1 FRONT

Stitch two front pieces together at center seam. Clip seam allowance at corner, careful not to cut stitching.



## 2 BACK

Stitch back dart.



## 3

Stitch second back dart.



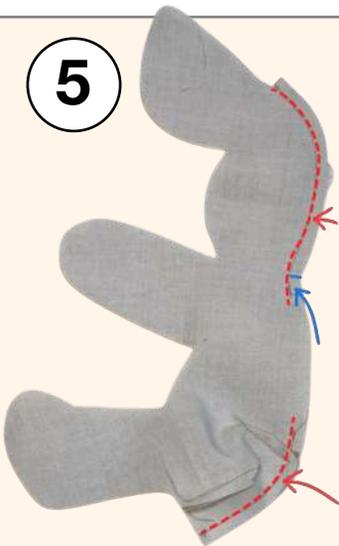
## 4

Repeat steps 2 and 3 for other back piece.



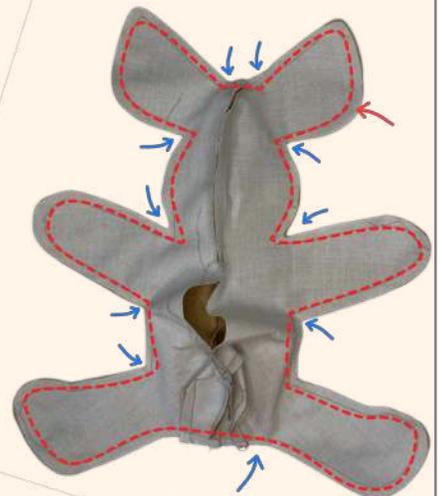
## 5

Stitch two back pieces together along center back, leaving a 3" opening for turning and stuffing. Clip corner seam allowance at neck, being careful not to clip stitches.



## 6

Stitch back to front all around. Clip all corner seams, being careful not to clip stitches.



7

### TURN

Turn body to outside.  
**Tack stitch** between ear and head.



8

### STUFF

Stuff head, arms, and legs first. Stuff head very firmly, adjusting stuffing for desired shape.

Next stuff arms and legs firmly, stopping about 1/2" before the arm and leg join the body, so that the limbs move freely.

Stuff torso firmly. Adjust stuffing if necessary.



9

### FINISH

To close back opening, **hand stitch** a ladder stitch as shown.



10

Pull stitch to close back. Secure thread.

