



Designed to fit cut\&sew PLUSH LIFE® 15"Bears.

## GET READY...

Order and receive a cut\&sew fabric panel.
Print out guide sheet

SKILL LEVEL: some
experience using a sewing machine.

## SUPPLIES:

*Matching thread
TOOLS \& NOTIONS:
*Pins
*Needle
*Scissors
EQUIPMENT:
*Sewing machine
*Iron

## GET SET...



## CUT\&SEW PLUSHLIFE® instructions for t-shirt and pants

## T-SHIRT

1) Stitch sleeve armholes to front armholes.
2) Stitch one sleeve armhole to one back armhole.
3) Fold, press and stitch $1 / 2$ " sleeve hems.
4) Fold neckband in half and pin to neck.
5) Stitch neckband to neck, stretching neckband to fit.
6) Stitch remaining back armhole to sleeve armhole.
7) Stitch side seams.
8) Fold press and stitch 1/2" hem.
9) Turn. Done!


2 stitch back to one sleeve


6 stitch remaining ammble



9 ready to wear!


Items made from PLUSH LIFE® cut\&sew fabric panels and patterns may be sewn and sold by individual hand crafters, but are not to be copied, manufactured or used for commercial purposes. The cut\&sew fabric panels and patterns are not to be resold, redistributed, or copied. ©Elaine Heigl Designs, LLC 2019, All Rights Reserved

## CUT\&SEW PLUSHLIFE® instructions for t-shirt and pants

## PANTS

1) Stitch front pants together at center crotch.
2) Stitch back pants together at center crotch
3) Stitch back darts.
4) Stitch front to back at sides
5) Fold waist and leg hems to inside 1/2". Stitch.
6) Stitch inner leg seam
7) Turn pants to outside. Ready to wear!


3
3 stiteh back darts.

2 stitch backs together at center seam.


5 Fold and stitch waist and leg hems.


7 Turn. Ready to wear!


