



SUPPLIES:

pair of long socks
12" of 1/4" elastic

INSTRUCTIONS:

1. Print pattern in actual size.
Cut out pattern.
2. Place and pin pattern on fold of long sock with hem edge along cuff edge of sock. Cut out. Repeat with second sock.
3. Stitch pants together at one center seam. (1/4" seam allowances)
4. Mark a piece of elastic 10", so that there is a 1" extension on each end.
5. Place 10" section of elastic on inside of leggings along waist edge. Hold end of elastic while stretching and zig-zag stitching in place.
6. Roll elastic waist to inside. Zig-zag stitch.
7. Stitch remaining center seam.
8. Stitch leg seams.

TIPS:

Use a ball point needle for knits. A Teflon foot can help fabric glide easier along. Straight stitch unless otherwise indicated.